

When fitting any Respiratory Protective Equipment (RPE) it is important that the relevant safety procedures are taken. One of the most important of these is to follow the correct procedure for wearing respirators.

Respirator Fitting

- 1) Separate the mask to open fully.



- 2) Tip your head slightly forward and place the base of the mask firmly under your chin. Position the mask on your face and bring the headbands over your head.



- 3) Place the first headband at the nape of the neck, and the remaining headband at the crown of the head.



- 4) Form the nose piece tightly across the bridge of your nose and face. Adjust the mask to achieve a good facial seal.



Remember to Fit check your respirator every time you wear it

Inhale and exhale forcefully several times. Ensure the respirator collapses slightly upon inhalation and expand slightly upon exhalation. The user should not feel any air leaking from between the respirator and your face. If either there is air escaping from between the respirator and your face or if the mask does not move when inhaling and exhaling then you have **NOT** achieved a good facial fit. If this is the case adjust the respirator until the leakage is corrected and a good facial fit is achieved.